

## 2023-2024 Academic Resource Guide



This listed factsheet and resource guide provides a compiled list of information about how the University of Washington - Seattle main Campus, supports new and currently admitted undergraduate and graduate students. In this guide, you will find information about:

- UW Student Campus Resources
- Tutoring and Peer Education Services
- Academic and Career Support
- Funding and Scholarships
- Fun things to do on or around campus
- Well-being
- More Tips and Tricks

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### UW Student Campus Resources

- [Intellectual House](#) - wəˈlæbʔaltx<sup>w</sup>

"At this on-campus long house-style facility, American Indian and Alaskan Native students can gather in a welcoming environment. Various cultures and communities are welcome to share knowledge and find positive peer-to-peer connections."

- [Samuel E. Kelly Ethnic Cultural Center \(ECC\)](#)

"The Kelly ECC is an all-inclusive and affirming space that cultivates a transformative student experience. The ECC seeks to empower historically marginalized and underrepresented students by providing educational and cultural opportunities for holistic development."

- [Office of Minority Affairs & Diversity \(OMA&D\)](#).

"Established its roots in student-led activism and societies calls for equity and change. The OMA&D's mission is to create pathways for diverse populations to access postsecondary resources and opportunities."

- [Associated Students of the University of Washington \(ASUW\)](#).

"ASUW is the student government at the University of Washington. At ASUW, elected and hired employees and volunteers work to represent student voices for them to succeed, flourish, and enjoy college."

- [International Student Services \(ISS\)](#)

"ISS at UW assists international students with a variety of matters during their time in the United States, including Visa issues and the registration process."

- [Foundation for International Understanding through Students \(FIUTS\)](#).

"FIUTS is a non-profit organization at the UW that helps international understanding and promotes cultural exchanges between UW international students and Americans." The link provides information about "UW orientation, Homestay Programs, Friendship Connection, and other international student activities."

- [Registered Student Organizations \(RSO\)](#)

Looking to join a club at the University of Washington? This Link can be used to search the different types of on-campus and UW clubs (RSOs)!

- [UW Instructional Center](#)

The Instructional Center (IC) is a comprehensive academic support center with in-person and online tutoring services. More information can also be found at this website:

<https://www.washington.edu/omad/advancement/instructional-center/>

## **Tutoring and Peer Education Services**

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- [CLUE Tutoring: In-person and online tutoring](#)

"Students can find free in-person (Mary Gates Hall, First Floor) or online tutoring services in Biology, Chemistry, Math, Physics, Writing, and Computer Science and Engineering."

- [UW HUB](#)

The UW HUB helps to support the “Husky Experience” by “enhancing UW community, providing an event center, and fostering student engagement.”

- [Center for International Relations and Cultural Leadership Exchange \(CIRCLE\)](#)

“UW international and domestic students' primary portal for resources, community connection, and activities

## Academic and Career Support

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- [Summer Health Professions Education Program \(SHPEP\)](#)

“SHPEP is a free summer enrichment program that aims to provide information and resources for college students interested in health professions. SHPEP supports underrepresented students from various backgrounds.”

- [Academic Support Programs](#)

“The UW Academic Support Program website provides information around various programs that can provide all UW students to be included, challenged, and supported in their educational journey.”

- [Husky Card Services](#)

“Eligible students may obtain their Husky Card by visiting the Husky Card Account & ID Center at any time during walk-in service hours.”

- [Hans Rosling Center](#)

“The Hans Rosling Center for Population Health ushers the UW into a new era of collaboration and solutions for healthier populations.”

- [Suzzalo Library](#)

“A place to study, a place to research, and a place to visit.” Check out the link for more information and hours of operation and location of the Suzzalo Library.

- [Odegaard Library](#)

“Odegaard Library is open to the UW Community - **a current, valid Husky card is required for entry**”

## Funding and Scholarships

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- [UW Student Financial Aid Website](#)

Here you can explore the “many scholarship, grant, loan, and work-study options available that help make paying for college as affordable as possible.”

- [Undergraduate Scholarships](#)

Lots of UW and non-UW undergraduate scholarships!

- [Graduate Scholarships](#)

Funding and scholarships for graduate students.

- [School of Public Health Student Scholarships](#)

Funding specifically for the School of Public Health at the UW. Both Undergraduate and Graduate funding.

## Fun Things to Do On or Around Campus

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- [UW Indigenous Walking Tour](#)

“Learn about Indigenous presence and places on the Seattle campus through an Indigenous community member’s eyes across seven stops on campus.”

- [UW Intramural Activities Building \(IMA\)](#)

UW campus recreational area offers a place to workout, join an intramural sports team, and have fun!

- [Off the Rez Cafe/ Food Truck](#)

“Off the Rez Cafe and Food Truck is a Native-owned (Blackfoot Tribe) food truck, cafe, and catering company. They specialize in Native Indigenous food made from scratch and by hand”

- [U District Street Fair](#)

Happens in May of each year

- [Agua Verda Paddle Club](#)

You can rent a kayak here!

- [Burke-Gilman Trail](#)

The 20-mile-long trail provides great access and views of the Ship Canal, Lake Union, Seattle neighborhoods, suburban cities, and Lake Washington, and points east via other regional trails

- [Washington Park Arboretum](#)

A fantastic place to go hug a tree!

- [Fritz Hedges Waterway Park](#)

“The park is seamlessly integrated into the University of Washington campus and the adjacent Sakuma Viewpoint.”

## Well-Being

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- [Seattle, WA - Don't Call the Police](#)

“Find alternatives to calling the Seattle Police Department.”

- [UW Counseling Center](#)

“The UW Counseling Center is here for students to experience a fulfilling and positive experience. Such things like counseling (one-on-one, group, crisis, or career), consultation, and workshops are provided.”

- [UW One-on-One Mental Health Support](#)

“Schedule appointments with a therapist to get connected with appropriate on-campus and ongoing therapy resources, such as individual counseling, group therapy, and workshops.”

- [LiveWell Confidential Advocates](#)

“The Livewell Confidential Advocates provides a safe and confidential space to help students, faculty, and staff identify what they want or need after an incident of sexual assault, relationship violence, stalking, or sexual harassment has occurred.”

- [Q-Center](#)

“The UW Q-Center facilitates and enhances a brave, affirming, liberatory, and celebratory environment for students, faculty, staff, and alumni of all sexual and gender orientations, identities, and expressions.”

- [Hall Health Center- Physical Health](#)

“At the Hall Health Center, we provide exceptional medical and mental health care to our diverse student body as well as established non-student patients.”

- [Disability Resources For Students](#)

“Disability Resources for Students (DRS) are dedicated to ensuring access and inclusion for all students with disabilities on the Seattle campus enrolled in our undergraduate, graduate, professional, Evening Degree and Access programs for over 39 years.”

- [Off-Campus Resources- National Alliance on Mental Illness \(NAMI\)](#)

“NAMI Connection is a weekly recovery support group for people living with mental illness in which people learn from each others’ experiences, share coping strategies, and offer each other encouragement and understanding.”

- [Medical & Dental Care for UW Community](#)

“Part of the Hall Health Center, they provide medical care to the UW Seattle Student community and alumni.”

- [Recreation at UW](#)

“At UW Recreation, you’ll find opportunities to enjoy fitness, yoga, and meditation classes, join sports teams, and find adventures to get outdoors and recharge in the beauty of the Pacific Northwest.”

- [UW Safety](#)

“At UW there are many campus partners available to provide support and guidance when you have concerns for the safety of yourself, others, or the campus at large.”

- [More UW Resources](#)

More information about physical and mental health approaches that can help you when needed.

- [Getting Involved](#)

If you are in need of finding community and would like to get involved on the UW campus or programs, you can find various student-led initiatives on this website.

- [UW Safe Campus](#)

“UW SafeCampus is the University of Washington’s violence-prevention and response Program. We support students, staff, faculty, and community members in preventing violence.”

## More Tips and Tricks

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- [OneBusAway](#)

Downloadable phone app to help identify bus and transit times.

- [PayByPhone](#)

Downloadable phone app that helps to streamline paying for parking all throughout Seattle.

- [UW Parking and Transportation Services](#)

Information about parking on campus.



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## Stay Connected!

Follow the University of Washington on Facebook, Twitter, and Instagram to see updates and fun content!

**Facebook: @University of Washington**

**Twitter: @UW**

**Instagram: @uofwa**

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## Campus Map





Brought to you by the UW School of Public Health Equity, Diversity & Inclusion Team (SPH EDI).  
For more information please visit the SPH EDI website:

<https://sph.washington.edu/about/diversity>

For questions or comments please reach out to the School of Public Health Equity, Diversity & Inclusion team at **sphedi@uw.edu**.

Resources compiled and collected by MPH candidate - Steven Nez.

A world of

**HEALTHY PEOPLE**

COLLABORATION | COMMUNITY | EQUITY, DIVERSITY AND ANTI-RACISM | MEANINGFUL POSITIVE IMPACT | INNOVATION | SHARED LEARNING