

**SPH 495: Public Health-Global Health Internship (variable credits)**

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| <b>Description</b>                 | This is a Credit/No Credit course in which students can earn academic credit for integrating an internship experience with academic work. This experience is both practical and educational. The internship sites can be local, state or federal public health agency, a not-for-profit organization or a private sector company, where the students will have a supervised experience in observing or applying public health practice and/or public health programming.   |
| <b>Prerequisites</b>               | None   |
| <b>Instructor and Office Hours</b> | Anjulie Ganti, MPH, MSW,<br>Senior Lecturer, Public Health-Global Health Major, School of Public Health<br>E-mail: <a href="mailto:anjulie@uw.edu">anjulie@uw.edu</a><br>Office: Raitt 311b<br>Phone: 206-419-9699   |
| <b>Readings</b>                    | No textbook; additional readings dependent on your final project choices.  |
| <b>Course Format</b>               | Students enrolled in SPH 495 will engage online with their peers two to three times during the quarter to reflect on and discuss experiences and progress towards academic goals   |
| <b>Course Website</b>              | <b>The course website is available via Canvas UW Net-ID Log-in</b>   |
| <b>Access and Accommodation</b>    | ( <a href="http://depts.washington.edu/uwdrs/faculty-resources/syllabus-statement/">http://depts.washington.edu/uwdrs/faculty-resources/syllabus-statement/</a> ):<br>Your experience in this class is important to me. If you have already established accommodations with Disability Resources for Students (DRS), please communicate your approved accommodations to me at your earliest convenience. If you have not yet established services through DRS, but have a temporary health condition or permanent disability that requires accommodations (conditions include but not limited to; mental health, attention-related, learning, vision, hearing, physical or health impacts), you are welcome to contact DRS at 206-543-8924 or <a href="mailto:uwdrs@uw.edu">uwdrs@uw.edu</a> or <a href="http://disability.uw.edu">disability.uw.edu</a> . DRS offers resources and coordinates reasonable accommodations for students with disabilities and/or temporary health conditions. Reasonable accommodations are established through an interactive process between you, your instructor(s) and DRS. It is the policy and practice of the University of Washington to create inclusive and accessible learning environments consistent with federal and state law. |
| <b>Learning Objectives</b>         | <ul style="list-style-type: none"> <li>• Understand the context in which public health work takes place and apply theoretical concepts of the classroom to the realities of the field</li> <li>• Reflect and explore the impact identity and privilege have on community work, as well understanding that individual identity intersects with other identities to impact community work, both within organizations as well as in larger community settings.</li> <li>• Communicate, network, and work effectively with public health professionals</li> <li>• Think critically about the role of agencies/not-for-profits/companies in defining and addressing public health problems</li> <li>• Identify, analyze and effectively communicate about a public health issue</li> </ul>  |
| <b>Skills developed</b>            | <ul style="list-style-type: none"> <li>• Supervised application of public health practice</li> <li>• Supervised observation and experience in public health programming</li> </ul>   |
| <b>Right to Revise:</b>            | I reserve the right to revise this syllabus  |

**Course Credits**

Credits for this course are variable. Students are eligible to earn 1-5 credits of SPH 495 per quarter (repeatable up to 15 credits) and may apply a max of five credits of SPH 495 towards the Public Health-Global Health Major.

**Minimum hour requirements per credit based on a 10-week quarter**

| Credits | Hours/Wk | Total Hours | Academic Project Options   |
|---------|----------|-------------|--|
| 1       | 3        | 30          | Select one project Assignment Group 1  |
| 2       | 6        | 60          |  |
| 3       | 9        | 90          | Select one project from Assignment Group 1 and one project from Assignment Group 2 |
| 4       | 12       | 120         |  |
| 5       | 15       | 150         | Substantive project to be determined with Internship site and Instructor           |

**Academic Project Descriptions**

Final academic projects must be linked to the organization’s mission and/or current goals/projects. In addition, the project must also reflect the student’s professional development goals at the site and in the PH-GH Major. The goal of the academic project is to intentionally connect academic content learned in the PH-GH Major with public health practice experience gained during the Internship experience. Successful completion of academic projects must include research that includes the use of peer-reviewed journal articles and should include primary/community-based sources (gray literature) as well as broader resources such as interviews, community guidelines, reports, speeches, op eds etc.

**Assignment Group 1**

- Create a Public Health Presentation:
  - Option 1 (preferred) Create an Academic Poster
    - An Academic poster is a summary of what you did, how you did it, an analysis of a pertinent public health issue, and next steps.
    - If you choose this option, you will be asked to present the poster at the School of Public Health Undergraduate Symposium which is usually held in May in the South Campus Center during Spring Quarter.
  - Option 2 (if unavailable to present Spring Quarter) Community or Site Based Presentation:
    - This will be a presentation of what you did, how you did it, an analysis of a pertinent public health issue and next steps. This presentation should be created in coordination with your site supervisor and will be presented to an audience of your internship supervisor’s choosing.

**Assignment Group 2**

- Create Public Health Communication Materials:
  - Option 1: Communication Intervention Plan that describes:
    - The problem (including behaviors that are associated with the problem)
    - The recommended behavior (this can be a behavior at the individual level (i.e. get a flu shot), interpersonal level (talk to your partner/doctor etc), organizational level (advocate for change at a worksite) or community/policy level (vote for proposition X)
    - The target audience (the people who you want to reach with your message)
    - Your message and channel choice
    - The communication you developed (i.e. the podcast; youtube video etc.)
    - How you might evaluate if your message was effective.
- An Issue Brief:



- A concise paper (two pages) summarizing research and integrating infographics to communicate to a defined audience about a specific topic. Sections would include:
  - Introduction to the issue and its impact
  - Background information and population-level data
  - Evidence of importance
  - Conclusion: Outline a recommendation for action including supporting data
  - References: Minimum of four primary, peer-reviewed journal articles.

### Course Schedule

| Week           | Assignment Due  |
|----------------|---|
| <b>Week 2</b>  | Upload a 1-page document outlining your agency (mission, programs), position description, and on-site internship goals  |
| <b>Week 2</b>  | Discussion Post: Please respond to the following (250 words max): <ul style="list-style-type: none"> <li>• What are you looking forward to most as you begin your internship?</li> <li>• How is this internship relevant to your learning as a public health student?</li> <li>• Comment on two other students' discussion posts; specifically noting any similarities between the work that you will be doing at your internship site and that of your peer(s).</li> </ul> |
| <b>Week 6</b>  | Upload a 1-page outline of your final project, including: intended audience, format, topic (thesis or research question to be explored), and reference list   |
| <b>Week 6</b>  | Discussion Post: Please respond to the following (250 words max): <ul style="list-style-type: none"> <li>• Provide constructive feedback/suggestions to two of your peers around their topic and chosen format</li> </ul>   |
| <b>Week 6</b>  | Discussion Post: Please respond to the following (250 words max): <ul style="list-style-type: none"> <li>• Which of your goals do you feel have been met, which do you think are still going to be met, and which (if any) have changed?</li> </ul>   |
| <b>Week 10</b> | Upload your final project   |
| <b>Week 10</b> | Discussion Post: Please respond to the following (250 words max): <ul style="list-style-type: none"> <li>• Focusing on the projects of two of your peers, respond to the following questions:               <ul style="list-style-type: none"> <li>○ After reading this project, what stands out to me is...</li> <li>○ This project expands my understanding of public health because...</li> </ul> </li> </ul>  |
| <b>Week 10</b> | Discussion Post: Please respond to the following (250 words max): <ul style="list-style-type: none"> <li>• What public health knowledge or skills did you apply throughout your work at your site?</li> <li>• How has this experience expanded your understanding PH theories and concepts?</li> </ul>  |