

SPH NEW STUDENT

ORIENTATION

2019-2020



W

UNIVERSITY *of* WASHINGTON
SCHOOL OF PUBLIC HEALTH

excellent science, shared passion, enduring impact

WELCOME

Welcome to the UW School of Public Health! You are joining a wonderful group of students, staff and faculty who, just like you, are passionate about improving the health and well-being of communities here in Washington state and around the world. We look forward to working with you to help you develop the tools and expertise that you will need to make your own impact on public health throughout your career. While you are here, please do not hesitate to reach out to let us know if there are ways we can further facilitate your success and promote your own health and happiness.

We are thrilled you have joined the SPH community!



Hilary Godwin

Dean, UW School of Public Health

Professor, Environmental and Occupational Health Sciences



AGENDA

KANE HALL 210

SPH ALL SCHOOL ORIENTATION, SEPTEMBER 20, 2019, 9:00 AM – 12:00 PM

9:00A – 9:05 AM	Introduction (Juanita Ricks)
9:05 – 9:10 AM	SPH Dean Hilary Godwin's Welcome Remarks
9:10 – 9:20 AM	Juanita Ricks, Student and Academic Services Team
9:20 – 9:25 AM	Victoria Gardner, SPH Chief Diversity Officer
9:25 – 10:00 AM	Hall Health, Safe Campus, LiveWell, Counseling Center
10:00 – 10:05 AM	Common Book Overview
10:05 AM – 10:45	Sexual Harassment Training (Victoria Gardener, Erin Dwyer)
10:45 – 10:55 AM	UWPD
10:55 AM	Transition to Graduate Student Info ONLY
10:55 – 11:05 AM	GO-MAP
11:10 – 11:40 AM	UAW 4121 Academic Student Employment Presentation
11:50 – 12:00 PM	GPSS
12:00 PM	Closing

Each year, the Health Sciences Service Learning & Advocacy Committee selects a Common Book that serves as a platform for students from across health professions to learn together on topics of common importance. Throughout the school year students have the opportunity to participate in an interprofessional series of lectures, interactive discussions, advocacy efforts, and seminars focused on the major topic(s) of the book.

In *So You Want to Talk About Race*, Ijeoma Oluo guides readers of all races through subjects ranging from intersectionality and affirmative action to “model minorities” in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life.



WHAT'S HAPPENING AT SPH?

Start Here:

The Current Students webpage (sph.washington.edu/students) provides links to lots of resources that can help you get the most out of your graduate education.

Student Events Calendar:

sph.washington.edu/news-events/sph-calendar

Announcements:

sph.washington.edu/students/announcements

Funding and Opportunities:

sph.washington.edu/students/funding

SPH NewsCatcher:

Stay on top of School news! NewsCatcher is a twice-monthly electronic newsletter and breezy read that keeps you abreast of the latest developments in SPH and the accomplishments of students, staff and faculty. You'll receive a newsletter in your UW inbox this fall. Don't forget to share your news and photos, too, at sphnews@uw.edu and on social media.

FOLLOW SPH ONLINE

sph.washington.edu

Twitter: twitter.com/uwsph/

Facebook: facebook.com/uwsph

Instagram: instagram.com/uwsph

YouTube: youtube.com/uwsph

STUDENT ORGANIZATIONS

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Are you looking to participate more actively in our SPH community? Meet students from across departments and health sciences schools? Make a difference in the Seattle Community? Then you've come to the right place! See the links below, or contact the School of Public Health's Student Academic Services staff (sphasas@uw.edu) for more information.

Graduate and Professional Student Senate

GPSS is the official student government for graduate and professional students at the University of Washington.

Epidemiology RSO

The Epidemiology RSO is a group of students that work to engage others within the epidemiology department in extracurricular activities. We also work to support student led events and ideas. Membership is open to all Epi students. If you have ideas of projects/ events you would like the RSO to support, or have other activities you would like to bring to the group, please contact the current RSO presidents listed on the UW EPI Student Representative page.

Health Equity Circle

The Health Equity Circle is an interdisciplinary organization of University of Washington students and community members focused on creating Health Equity. We believe that for a society to be healthy it must be equitable and that an equitable society is truly healthy. The question of equity, or justice, cannot be separated from health. Therefore, our mission is threefold: To bring students and community members together in an interdisciplinary setting; To educate students and community members about Health Equity; To take action on Health Equity issues through developing relationships on campus and in the larger community. Email: Imanriquez@gmail.com

Health Services Cohort Relations

A professional and social group for the Health Services In-Residence MPH program. Reach us by email at hscr@uw.edu

MHA Student Association (known as MHASA)

The Master of Health Administration Student Association at the University of Washington is dedicated to the recruitment, education and professional advancement of future health care leaders at the University of Washington. Reach out to us at mhap@uw.edu

Neurodegenerative and Aging Research Interest Group

The Neurodegenerative and Aging Research Interest Group, or NARIG, exists to promote awareness, community, and scholarship of neurodegenerative and aging research among students within the School of Public Health at the University of Washington. NARIG also aims to connect interested students with local, national, and international resources to further their exploration and study of neurodegenerative conditions and aging. We welcome members from a diverse range of backgrounds and disciplines. Reach us by e-mail at NARIG@uw.edu

Radical Public Health-UW

Radical Public Health - UW (RPH-UW) is an assembly of students, faculty, staff, alumni, and community members seeking to identify and address the root causes of today's most pressing public health challenges. Reach us by email at radph@uw.edu

Rotaract Club at the University of Washington Health Sciences

UWHS Rotaract is focused on community service and health both locally and globally and is sponsored by the University Sunrise Rotary Club of District 5030. Anyone interested in making a positive impact on health is

encouraged to attend. This club is open to both graduate and undergraduate students of all ages from any department at the UW. Reach us by email at uwhsroto@uw.edu

Students of Color for Public Health

Students of Color for Public Health (SCPH) at the University of Washington is an undergraduate-led student organization dedicated to providing a space for students of color interested in public health. SCPH exists in order to create an inclusive space where one can feel validated, motivated, and inspired in the field through professional, academic, and social support. In addition, we strive to promote health within marginalized communities through education and service. Our core values are academic excellence, community engagement, professional development, and social justice and empowerment. Reach us by email: scph@uw.edu

SPH Dean's Advisory Council for Students - DACS

DACS was established in 2014 to act as a representative body for students of the SPH, advising the SPH Dean's Office on issues of planning, budgeting, and other matters or policies that may affect SPH students.

Student Advisory Committee (SAC)

The Student Advisory Committee (SAC) is a DEOHS student-run organization designed to advocate for DEOHS students on all fronts, including representation in departmental affairs/policies, career development activities, and planning departmental social events. It's a great way to be involved within the department, meet other students, and have a voice throughout the year. SAC encourages and welcomes all continuing and new graduate students to participate. All incoming and continuing graduate students are encouraged to attend SAC meetings and be active members.

Student Environmental Health Association

The Student Environmental Health Association (SEHA) is committed to promoting environmental health education, involving members in the community and assisting in improving environmental health problems. Membership is open to all students interested in exploring the environmental factors and conditions that impact human health. Reach us by email at sehauw@uw.edu, or by facebook: <https://www.facebook.com/groups/sehauw/>

UW Student of Color Affinity Group

SOCAG offers graduate students of color a network of students, faculty, and administrators linked by shared experiences and willing to support each other in their cultural identity. Our group engages in deliberate conversation about institutional mechanisms of graduate-student support and gaps in support, perspectives and experiences in the classroom as underrepresented students, and ways to build collective action within the campus setting. SOCAG provides a platform for the development of resilience skills at both the academic and professional level while centering the academic and interpersonal needs of marginalized students.

Reach us by email: socag@uw.edu

UW Student Public Health Association

SPHA is an official student group whose purpose is to integrate and unify students across the multiple graduate and undergraduate departments and programs at the UW School of Public Health and to create a consolidated voice to address student concerns as they arise. Reach us by email at spah@uw.edu

UW SPH Diversity Committee

Student subgroup (streams with main Diversity committee.) Reach us by email at dcinfo@uw.edu

CAMPUS RESOURCES

ACADEMIC RESOURCES

Start Here:

Your department/program

Your faculty adviser, staff adviser, course instructors

Online & In Print

SPH Academic Integrity Policy — sph.washington.edu/students/academicintegrity

Health Sciences Lockers—hsasf.hsa.washington.edu/instructional-support/crs/lockers/

Community Standards & Student Conduct—washington.edu/cssc/

UW Student Guide — washington.edu/students/

Graduate School — grad.uw.edu

Professional & Continuing Education—pce.uw.edu

Registrar — depts.washington.edu/registra/students

The Chicago Guide to Your Career in Science — Bloomfield & El-Fakahany

Getting Things Done: The Art of Stress-Free Productivity — Allen

Tutoring & Academic Support

Odegaard Writing & Research Center (free!) — depts.washington.edu/owrc

Departments of Biostatistics and Statistics tutoring services — BIOSTgp@uw.edu

UW Health Sciences Library — hsl.uw.edu

International Students & ESL Speakers

International Student Services Office — iss.washington.edu

The Foundation for International Understanding Through Students (FIUTS) International Student Orientation — fiuts.org

Succeeding as an International Student in the United States and Canada — Lipson

American Ways: A Guide for Foreigners in the United States — Althen

International Student Housing Resources — ielp.uw.edu/housing

UW HUSKY CARD & UPASS

The Husky Card serves as your UW library card, your Universal U-PASS, your ticket to campus events and your key for entry into assigned areas on campus. Cardholders are eligible for admission to campus events, membership to the Intramural Activities Building (IMA), free admission to the Henry Art Gallery and the Burke Museum and discounts on tickets at the UW Arts Ticket Office. The U-PASS provides full fare coverage on King County Metro, Community Transit, Sound Transit, Pierce Transit, Kitsap Transit and Everett Transit bus services. For real-time transit information, download the One Bus Away application for your smart phone (onebusaway.org).

HEALTH & SAFETY

Safe Campus — washington.edu/safecampus/; provides information on counseling, safety resources and policies to help maintain a safe personal, work, and learning environment

UW Police Department — washington.edu/admin/police/index.shtml; committed to partnering together with you to create a safe place to live, work and study

Hall Health Center — depts.washington.edu/hhpccweb/; an outpatient clinic providing health care to students, alumni, faculty, and staff as well as the general community

Counseling Center — washington.edu/counseling/; offers counseling to help students deal with personal and/or academic obstacles so they can feel better emotionally and stay focused in the classroom

Sports Psychology Counseling — 206-616-4565 - available to help student-athletes

24-Hour Crisis Line — 866-4-CRISIS (866-427-4747)

Text CONNECT to 741741 anywhere in the US to text a Crisis Counselor.

Intramural Activities Center IMA — washington.edu/ima; The IMA is UW's gym

Bike Repair — facilities.uw.edu/blog/posts/2016/03/17/bike-repair-stations

Night Ride — facilities.uw.edu/catalog/nr; a Free, safe, and easy way to get home at night (8pm- 1:39am)

Husky NightWalk — fpolice.uw.edu/services/safetyservices/ 206.685.WALK (9255); Security Guard Walking escort for locations on campus (6:30 pm to 2 a.m., seven days week, 365 days a year)

DIVERSITY RESOURCES

SPH Diversity Resources — sph.washington.edu/about/diversity

Office of Minority Affairs & Diversity — washington.edu/omad

GO-MAP — <https://grad.uw.edu/diversity/go-map/>; committed to serving the needs of students of color and students from other underrepresented groups, while simultaneously fostering an educational and social environment in which all students can learn and develop through experiences rich in cultural, ethnic, and racial diversity. GO-MAP's three main areas of focus are: outreach, recruitment, and retention; enhancing scholarship and research; and building community, on and off campus

Disability Resources for Students — depts.washington.edu/uwdrs

DO-IT (disability and technology) — washington.edu/doit

Women's Center — depts.washington.edu/womenctr

Q Center (LGBTQI Campus Center) — depts.washington.edu/qcenter/wordpress

ASUW student groups — asuw.org

SACNAS Chapter — students.washington.edu/sacnas

FUNDING RESOURCES

START HERE

As a University of Washington School of Public Health student, you have many resources for funding your education. Available funding opportunities include your department/program, School of Public Health, the Graduate School, and the Office of Merit Scholarships, Fellowships and Awards for undergraduate students.

**FUNDING TIMELINES ARE CONTINGENT UPON THE QUARTER
(SUMMER, FALL, WINTER, SPRING) IN WHICH YOU SEEK ASSISTANCE.
MORE INFORMATION WILL BE AVAILABLE TO YOU!**

FUNDING YOUR EDUCATION:

sph.washington.edu/students/funding

GRADUATE SCHOOL FUNDING OPPORTUNITIES

THE GRADUATE FUNDING INFORMATION SERVICE (GFIS) is available to help you navigate the world of graduate funding. You can connect with them the following four ways:

- **Attend a GFIS workshop at the Research Commons or watch one online**

Research Commons—Calendar of Events:
lib.washington.edu/commons/services/workshops

- **Online workshops**

Masters: youtu.be/IFXHWM4xn1c
PhD: youtu.be/1q2ED9ql9sg

- **Stop by during drop-in hours**

See website for posted hours:
lib.washington.edu/commons/services/gfis

- **Schedule a consultation**

(in person or by Skype)
Email: gfis@uw.edu Skype: [uw_gfis](https://www.skype.com/en/contacts/uw_gfis)

BEYOND THE CLASSROOM

EXPERIENTIAL LEARNING OPPORTUNITIES

Earning academic credit or experience through an internship, capstone, practicum or volunteer experience gives you the opportunity to integrate and apply classroom learning with professional experience. Experiential learning allows you to observe and learn from practicing professionals and engage with real-world, public health challenges, concurrent with your academic experience. Under the guidance and expertise of faculty and/or site supervisors, you will develop practical skills and confidence as a public health professional while gaining first-hand exposure to public health work.

Internship, capstone, practicum and volunteer projects take a variety of forms, and students work in a range of settings for this part of their education. The University of Washington School of Public Health is committed to experiential learning and partners with today's public health leaders to help prepare the next generation. These partnerships are vital for our mission of education, research and service and empower students to transform communities – locally, nationally and globally.

To learn more about the experiential learning opportunities available to you, visit:
sph.washington.edu/experiential

CAREER

Campus resources are available to ensure that your job search tools are ready when the time comes to jump into your new career!

For career development and assistance, visit the UW Career Center in Mary Gates Hall. The UW Career Center offers graduate student-specific workshops, along with one-on-one resume reviews and mock interviews. More information is available at: careers.washington.edu

Public health students can also take advantage of the SPH Career Resources page at: sph.washington.edu/careers/resources/index.asp

Finally, when it comes time to find that perfect position, don't neglect to search the SPH website for your next job. Positions are posted weekly at: sph.washington.edu/careers/jobs.asp

GETTING AROUND

CAMPUS MAP:

washington.edu/maps

Available as an application for your smart phone

SPACE SCOUT:

Looking for a space on campus to study?

scout.uw.edu/seattle/study

Available as an application for your smart phone



Our distinctive logo, the Soul Catcher, a Northwest Indian symbol for physical and spiritual well-being, was designed in 1981 by Marvin Oliver, internationally acclaimed printmaker and contemporary sculptor and professor of American Indian Studies at the UW.

Our Soul Catcher, which depicts two bears, one at each end, has become widely identified with the School and symbolizes our mission: education to prepare innovative and diverse public health leaders and scientists, research to advance public health science and policies, and service to promote the well-being of communities locally, nationally, and globally.

MAP OF THE UW HEALTH SCIENCES BUILDING

